



IRVINGTON
UNION FREE SCHOOL DISTRICT

WHEN TO KEEP A CHILD HOME WITH ILLNESS IN COVID TIMES

It can be hard to know when to send children to school, if they tell you that they do not feel well. Usually, the best place for your child is in school. There are some times when keeping your child home to rest or call for an appointment with your health care provider is recommended.

COVID-19 related symptoms that will require a medical evaluation and COVID-19 testing, even if your child is experiencing just one of the following symptoms:

- Fever equal to or greater than 100.0
- Chills
- Cough that is persistent
- Shortness of breath or difficulty in breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea, vomiting and/or diarrhea

This list does not include all possible COVID-19 symptoms. Children and adolescents with the virus that causes COVID-19 may experience any, all, or none of these symptoms.

If your child has a fever, please do not give medicine such as Tylenol or Advil and send them to school. Should the fever return when the medicine wears off, you will be called to pick-up your child.

Testing: All students will need to provide a negative COVID-19 test after any illness with symptoms suggestive of a COVID-19 infection. The Irvington UFSD will begin to allow the use of Rapid Antigen Tests (RAT) for return to school for students and staff members who are symptomatic, but have no known exposure to COVID-19. The RAT must be administered at a medical facility, testing center, or pharmacy. **Home tests will not be accepted.** RAT results must be reviewed by a school nurse in order for a student to be cleared to return to school. This approach is approved by the NYSDOH and the District's Medical Director.

Remind children to wash hands often with soap and water, throw away used tissues, cover their mouths when they cough or sneeze, and keep their hands away from their face. Please call us with any concerns or questions.

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